



OFFICIAL SPORTIDENT TRAININGS 2026



Tuesday
3
FEBRUARY
One Runner Relay
Navas del Marqués
SI26-05

Thursday
5
FEBRUARY
Forked Intervals
Cabeza Mesada (Hoyo de Pinares)
SI26-01

Saturday
7
FEBRUARY
One Runner Relay
Cerro de las Ánimas (Cebreros)
SI26-03

Tuesday
10
FEBRUARY
One Runner Relay
Pinar de Juanín (Burgohondo)
SI26-02

Thursday
12
FEBRUARY
Forked Intervals
Cerro del Madroño (Burgohondo)
SI26-04

Thursday
14
FEBRUARY
One Runner Relay
Navas del Marqués
SI26-05

Tuesday
17
FEBRUARY
Forked Intervals
Cabeza Mesada (Hoyo de Pinares)
SI26-01

Thursday
19
FEBRUARY
One Runner Relay
Cerro de las Ánimas (Cebreros)
SI26-03

Friday
20
FEBRUARY
MOM- Model Event
No SportIdent time-keeping

Saturday
21
FEBRUARY
MOM - Stage #1
El Atizadero (Sta Cruz de Pinares)
Long distance

Sunday
22
FEBRUARY
MOM - Stage #2
Dehesa Navaluenga II
Middle distance

Monday
23
FEBRUARY
MOM- Stage #3
Navatalgordo town
Sprint distance

Tuesday
24
MOM - Stage #4
El Burguillo II (El Barraco)
Chasing start

Thursday
26
FEBRUARY
One Runner Relay
Pinar de Juanín (Burgohondo)
SI26-02

Saturday
28
FEBRUARY
Forked Intervals
Cerro del Madroño (Burgohondo)
SI26-04



BASIC INFORMATION SPORTIDENT TRAINING

Thursday
5
FEBRUARY

Tuesday
17
FEBRUARY

Forked Intervals

Cabeza Mesada
SI26-01

Parking: Cabeza Mesada

 [40.529680, -4.432580](#)



Important! Access from the road AV-502



Touch free

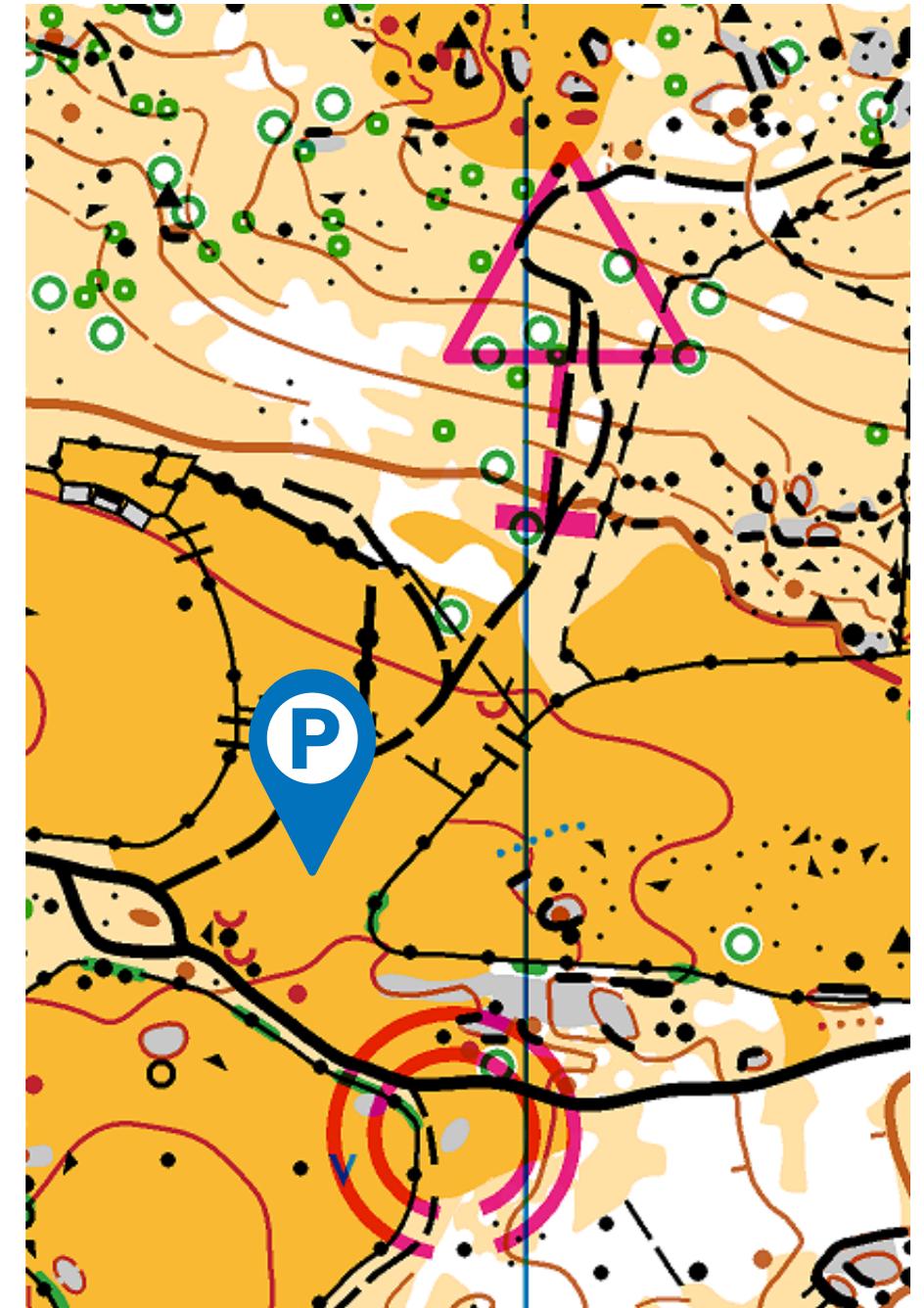
The training features a **3 forked intervals of around 2k each**. An alternative **Open 3 km course** is also available.

After each interval, you should walk to the next start point, and re-group there. The leader of the group takes the time, and **next restart occurs 4' after the leader finishes the interval**. You should punch the new start station and run the interval.

If participation is high, several mass starts will be organised from **11am**. The Open 3k courses will have free start from 11-12am.

Courses

- Forked intervals: Scale 1:10,000 · Length 3*2 km
- Open 3 km: Scale 1:10,000 · Length 3.3 km





BASIC INFORMATION SPORTIDENT TRAINING

Tuesday
10
FEBRUARY

Thursday
26
FEBRUARY

One runner relay

Pinar de Juanín
SI26-02

Parking: Campo de Fútbol “El Chorrillo”

 [40.403924, -4.774395](https://www.google.com/maps/place/40.403924,-4.774395)

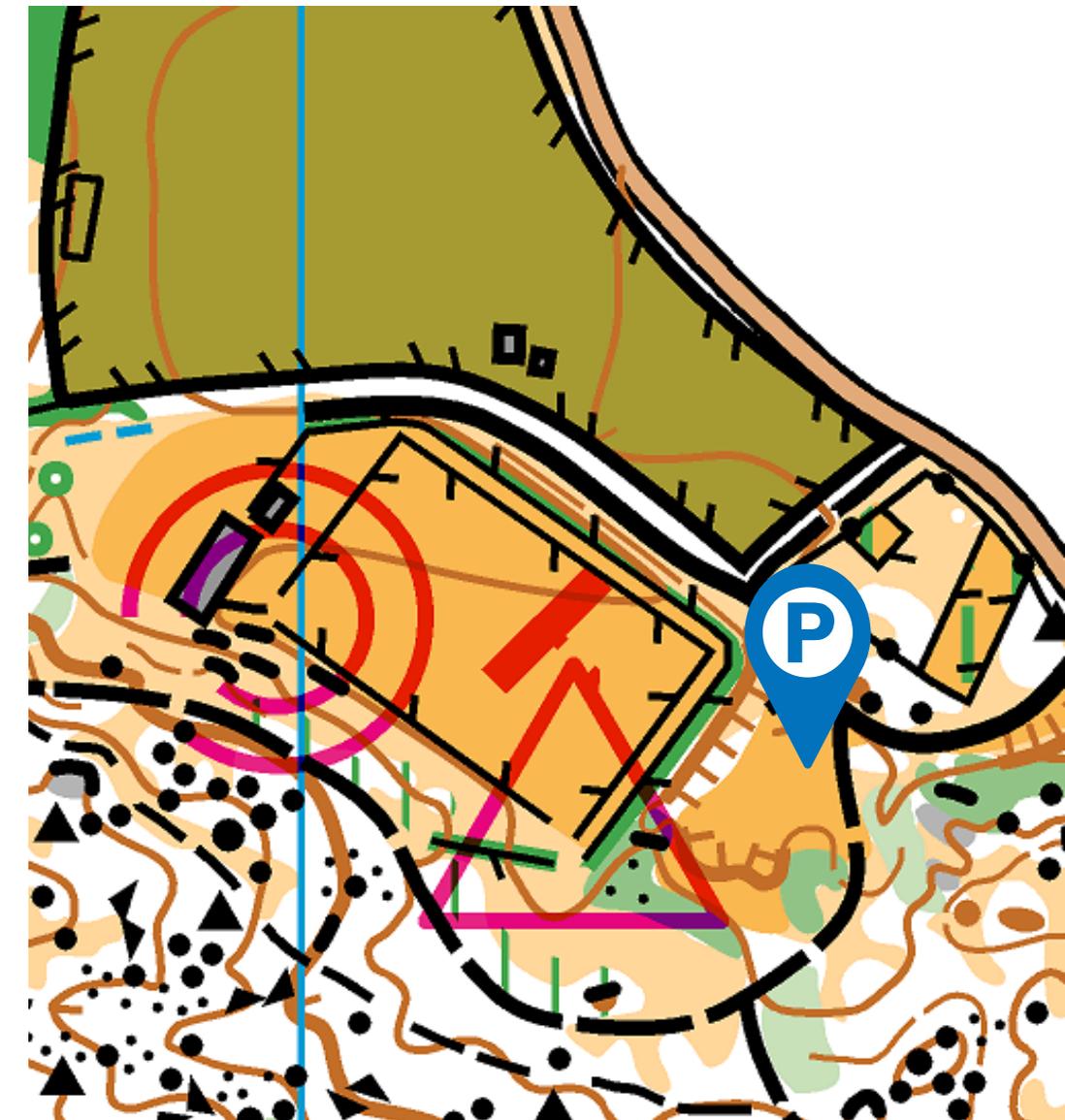


The training features a single-runner relay in a **diamond format**. An alternative **Open 3 km course** is also available.

If participation is high, several mass starts will be organised from **11am**. The Open 3k courses will have free start from 11-12am.

Courses

- One-runner relay: Scale 1:7,500 · Length 5.2 km
- Open 3 km: Scale 1:7,500 · Length 3.0 km





BASIC INFORMATION SPORTIDENT TRAINING

Saturday

7

FEBRUARY

Thursday

19

FEBRUARY

One Runner Relay

Cerro de las Ánimas
SI26-03

Parking: Cerro de las Ánimas (South)



[40.443766, -4.397843](https://www.google.com/maps/place/40.443766,-4.397843)



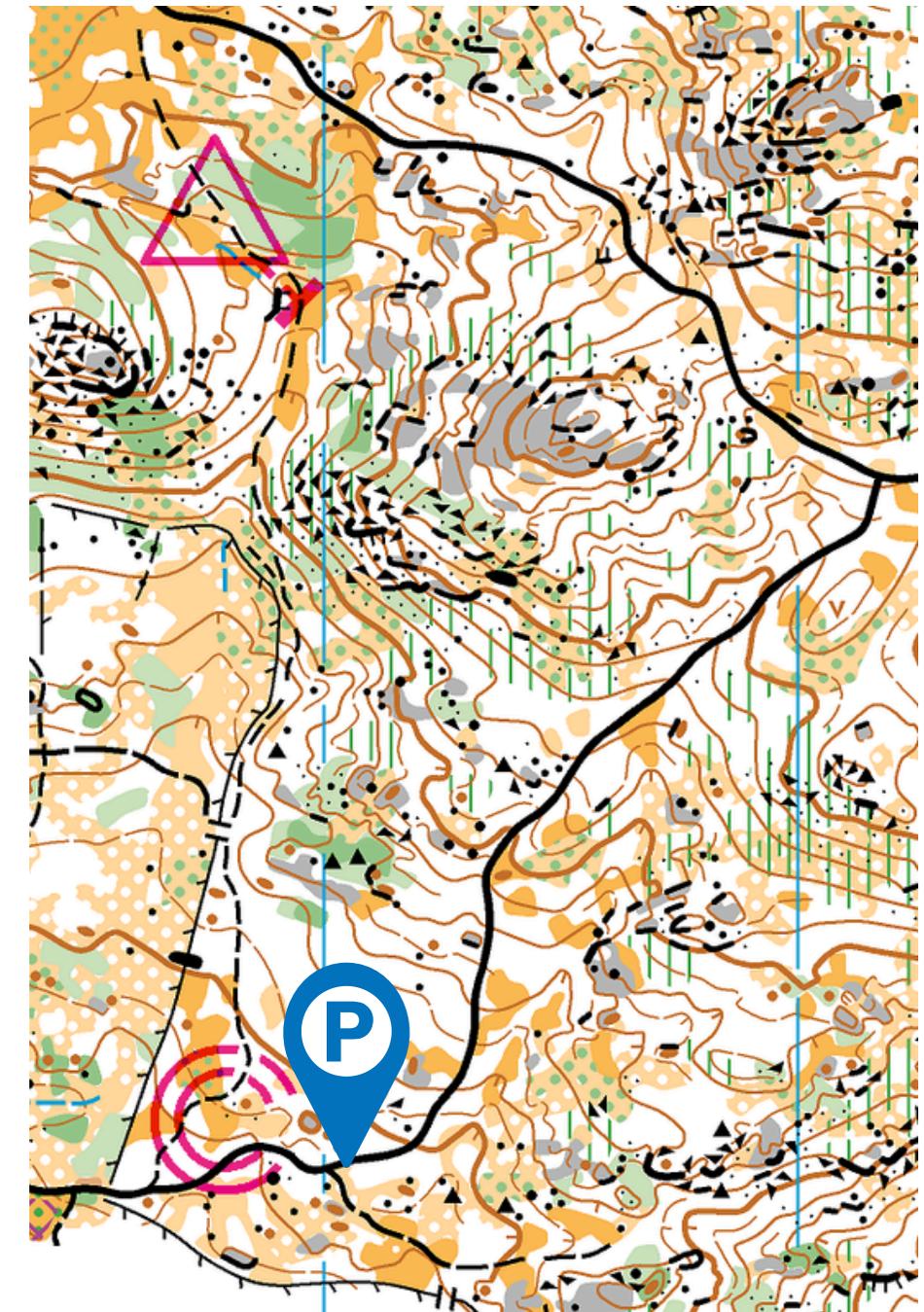
Touch free

The training features a single-runner relay in a **diamond format** (it might include some “unfair forking” at same point. An alternative **Open 3 km course** is also available.

If participation is high, several mass starts will be organised from **11am**. The Open 3k courses will have free start from 11-12am.

Courses

- One-runner relay: Scale 1:10,000 · Length 6.5 km
- Open 3 km: Scale 1:10,000 · Length 3.4 km





BASIC INFORMATION SPORTIDENT TRAINING

Thursday
12
FEBRUARY

Saturday
28
FEBRUARY

Forked Intervals

Cerro del Madroño
SI26-04

Parking: Burgohondo (Calle Castilla)

 [40.416214, -4.784596](https://www.google.com/maps?q=40.416214,-4.784596)



Touch free

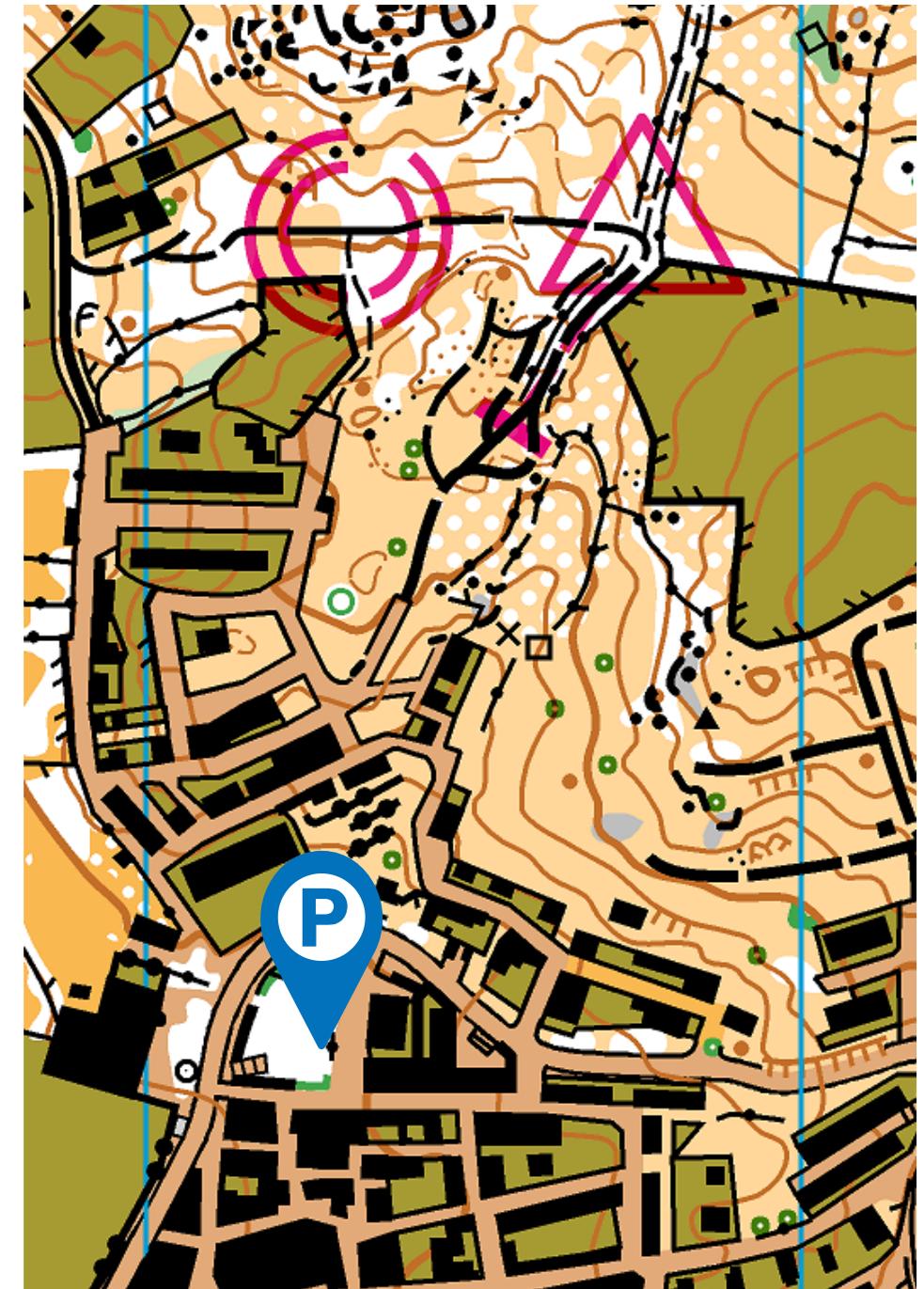
The training features a **3 forked intervals of around 1.7k each**. An alternative **Open 3 km course** is also available.

After each interval, you should walk to the next start point, and re-group there. The leader of the group takes the time, and **next restart occurs 4' after the leader finishes the interval**. You should punch the new start station and run the interval.

If participation is high, several mass starts will be organised from **11am**. The Open 3k courses will have free start from 11-12am.

Courses

- Forked intervals: Scale 1:7,500 · Length 3*1.7 km
- Open 3 km: Scale 1:7,500 · Length 3.3 km





BASIC INFORMATION SPORTIDENT TRAINING

Tuesday
3
FEBRUARY

Thursday
14
FEBRUARY

One Runner Relay

Navas del Marqués
SI26-05

Parking: Área Recreativa “El Valladal”

 [40.580075, -4.328013](https://www.google.com/maps/place/40.580075,-4.328013)



The training features a single-runner relay in a **diamond format**. An alternative **Open 3 km course** is also available.

Please note that the meeting point, including the start and finish, is located on the opposite side of the road. Take extra care when crossing.

If participation is high, several mass starts will be organised from **11am**. The Open 3k courses will have free start from 11-12am.

Courses

- One-runner relay: Scale 1:10,000 · Length 6.9 km
- Open 3 km: Scale 1:10,000 · Length 3.4 km

