

# SPORTIDENT

## TRAINING #5



Monday, March 4th  
Free start 10:00 - 11:30



Guardamar North  
P: 38.128093, -0.647768

**One runner relay**

Scale: 1/7.500 - 2.5m

Length: 7.7k (shortcuts)





# SPORTIDENT

## TRAINING #6



Tuesday, March 5th  
Free start 10:00 - 11:30



El Molar East  
P: 38.133188, -0.649564

**Middle distance**

Scale: 1/7.500 - 5m

Length: 4.7k





# SPORTIDENT

## TRAINING #7



Wednesday, March 6th  
Free start 10:00 - 11:30



Guardamar North  
P: 38.128093, -0.647768

**One runner relay**

Scale: 1/7.500 - 2.5m

Length: 5.5k





# SPORTIDENT

## TRAINING #8



Thursday, March 7th  
Free start 10:00 - 11:30



Guardamar North  
P: 38.128093, -0.647768

**One runner relay**

Scale: 1/7.500 - 2.5m

Length: 6.6k

